OSHA's Form 300 (Rev. 01/2004)

Log of Work-Related Injuries and Illnesses

to respond to the collection of information unless it displays a currently valid OMB control number. If you have any comments about these estimates or any other aspects of this data collection, contact: US Department of Labor, OSHA Office of Statistical Analysis, Room N-3644, 200 Constitution Avenue, NW, Washington, DC 20210. Do not send the completed forms to this office.

You must record information about every work-related death and about every work-related injury or illness that involves loss of consciousness, restricted work activity or job transfer,

Attention: This form contains information relating to employee health and must be used in a manner that protects the confidentiality of employees to the extent possible while the information is being used for occupational safety and health purposes.

Year 20



U.S. Department of Labor
Occupational Safety and Health Administration

Form approved OMB no. 1218-0176

(1) (2) (3) (4) (5)

days away from work, or medical treatment beyond first aid. You must also record significant work-related injuries and illnesses that are diagnosed by a physician or licensed health care professional. You must also record work-related injuries and illnesses that meet any of the specific recording criteria listed in 29 CFR Part 1904.8 through 1904.12. Feel free to Establishment name use two lines for a single case if you need to. You must complete an Injury and Illness Incident Report (OSHA Form 301) or equivalent form for each injury or illness recorded on this form. If you're not sure whether a case is recordable, call your local OSHA office for help, Identify the person Describe the case Classify the case CHECK ONLY ONE box for each case Enter the number of (C) (D) (E) (F) based on the most serious outcome for days the injured or Check the "Injury" column or Case Employee's name Job title Date of injury Describe injury or illness, parts of body affected, Where the event occurred that case: ill worker was: choose one type of illness: no. (e.g., Welder) (e.g., Loading dock north end) or onset and object/substance that directly injured of illness or made person ill (e.g., Second degree burns on Remained at Work Away On job right forearm from acetylene torch) Days away Job transfer Other recordfrom transfer or Death or restriction restriction (G) (H) (J) month/day month/day month/day month/day month/day month/day month/day Page totals Public reporting burden for this collection of information is estimated to average 14 minutes per response, including time to review Be sure to transfer these totals to the Summary page (Form 300A) before you post it. the instructions, search and gather the data needed, and complete and review the collection of information. Persons are not required

OSHA's Form 300A (Rev. 01/2004)

Summary of Work-Related Injuries and Illnesses



U.S. Department of Labor

Occupational Safety and Health Administration

Form approved OMB no. 1218-0176

All establishments covered by Part 1904 must complete this Summary page, even if no work-related injuries or illnesses occurred during the year. Remember to review the Log to verify that the entries are complete and accurate before completing this summary.

Using the Log, count the individual entries you made for each category. Then write the totals below, making sure you've added the entries from every page of the Log. If you had no cases, write "0."

Employees, former employees, and their representatives have the right to review the OSHA Form 300 in its entirety. They also have limited access to the OSHA Form 301 or its equivalent. See 29 CFR Part 1904.35, in OSHA's recordkeeping rule, for further details on the access provisions for these forms.

Number of C	ases		7-4-7
Total number of deaths	Total number of cases with days away from work	Total number of cases with job transfer or restriction	Total number of other recordable cases
(G)	(H)	(1)	(J)
Number of D	ays		
Total number of da from work		otal number of days of job unsfer or restriction	
(K)	-	(L)	
Injury and II	Iness Types		
Total number of	Л		
) Injuries		(4) Poisonings	
) Skin disorders) Respiratory conditi		(5) Hearing loss(6) All other illnesses	

Post this Summary page from February 1 to April 30 of the year following the year covered by the form.

Public reporting burden for this collection of information is estimated to average 58 minutes per response, including time to review the instructions, search and gather the data needed, and complete and review the collection of information. Persons are not required to respond to the collection of information unless it displays a currently valid OMB control number. If you have any comments about these estimates or any other aspects of this data collection, contact: US Department of Labor, OSHA Office of Statistical Analysis, Room N-3644, 200 Constitution Avenue, NW, Washington, DC 20210. Do not send the completed forms to this office.

Your establishment name	
Street	
City	State ZIP
Industry description (e.g., Manuf	acture of motor truck trailers)
Standard Industrial Classification	n (SIC), if known (e.g., 3715)
————	_
North American Industrial Class	sification (NAICS), if known (e.g., 336212)
	ion (If you don't have these figures, see the estimate.)
Employment informat Worksheet on the back of this page to Annual average number of emplo	ion (If you don't have these figures, see the estimate.)
Employment informat Worksheet on the back of this page to Annual average number of emplo	ion (If you don't have these figures, see the estimate.)
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